

Morning Announcements-Elementary School

Monday: May 12th-18th is Food Allergy Awareness Week. Each day this week, we will be sharing information and facts about food allergies. Did you know that a person can be allergic to any food? The top 8 foods that children are allergic to are: milk, egg, peanuts, tree nuts, shellfish, fish, wheat and soy.

Tuesday: Do you know someone with a food allergy? You can help keep him or her safe by washing your hands after eating and never sharing your food.

Wednesday: If a friend with food allergies doesn't look well or feel well, it is important tell an adult immediately.

Thursday: Food allergies are serious. Please be kind to your classmates with food allergies.

Friday: Make sure to include your friends with food allergies in class, at lunch and recess, and outside of school too. They want to be a part of the fun, just like you!

By Gina Mennett Lee, M.Ed.

Food Allergy Education Network, Inc.

www.FoodAllergyEdNetwork.org