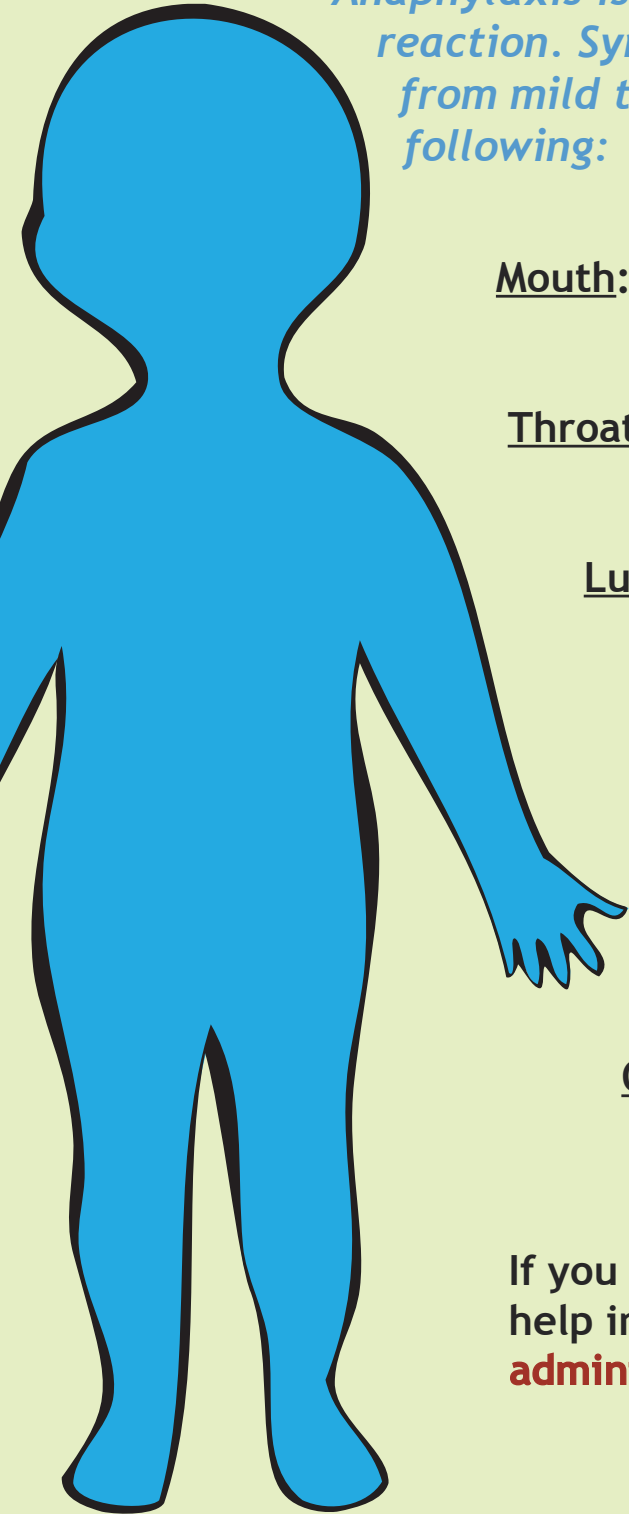


You could save a life...

Learn the symptoms of an allergic reaction.

Anaphylaxis is a serious, potentially fatal allergic reaction. Symptoms of an allergic reaction can range from mild to severe, and can include one or more of the following:



Mouth: swelling (tongue and/or lips), itchy mouth, blue-tinged lips

Throat: trouble breathing/swallowing/speaking, tightness, hoarseness

Lungs: repetitive cough, shortness of breath, wheezing

Heart: faintness, weak pulse, dizziness, confusion, paleness

Skin: hives, itchy rash, swelling, flushing

Gut: vomiting, diarrhea, crampy pain

Other: sense of impending doom, loss of consciousness

If you observe signs of an allergic reaction, get help immediately. **If you suspect anaphylaxis, administer prescribed epinephrine and call 911.**



Food Allergy Education Network, Inc.

Empowering Families... Supporting Communities

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